

# WW TEXAS ROADHOUSE

## Side Items

- **Apple Sauce**, 8 SmartPoints
- **Baked Potato**, 13 SmartPoints
- **Buttered Corn**, 2 SmartPoints  
*\*Note: You can NOT have this cooked without butter\**
- **Caesar Salad**, 14 SmartPoints  
*\*The dressing has 11 SmartPoints\**
- **Cup of Chili**, 6 SmartPoints
- **Fresh Vegetables**, 3 SmartPoints
- **Green Beans**, 2 SmartPoints
- **House Salad**, 5 SmartPoints *\*No dressing. Lower points by leaving off cheese & croutons\**
- **Mashed Potatoes**, 8 SmartPoints
- **Mashed Potatoes Loaded**, 19 SmartPoints *\*Yikes*
- **Sauteed Mushrooms**, 2 SmartPoints
- **Sauteed Onions**, 3 SmartPoints
- **Seasoned Rice**, 12 SmartPoints *\*Yikes!*
- **Sweet Potato**, 13 SmartPoints *\*Yikes!*

## Entrées

- **Portobello Mushroom Chicken**, 7 SmartPoints *\*I leave off the cheese. The mushroom sauce is worth 2 SmartPoints. It brings it to approximately 3 SmartPoints!*
- **Smothered Chicken with Jack Cheese**, 5 SmartPoints
- **Smothered Chicken with Cream Gravy**, 5 SmartPoints
- **Chicken Critters**, 12 SmartPoints
- **Grilled BBQ Chicken**, 2 SmartPoints
- **Grilled Salmon (8oz)**, 3 SmartPoints
- **Fried Catfish (3 pieces)**, 15 SmartPoints
- **Grilled Pork Chop (single)**, 6 SmartPoints
- **Grilled Shrimp**, 6 SmartPoints
- **Grilled Sirloin (6oz)**, 4 SmartPoints
- **Grilled Sirloin (6oz) with Grilled Shrimp**, 10 SmartPoints
- **Sirloin (8 oz) with Grilled Shrimp**, 11 SmartPoints
- **Filet Mignon (6oz) with Grilled Shrimp**, 11 SmartPoints
- **Sirloin (11oz)**, 7 SmartPoints

## TIP:

When trying to figure out points, pick out your main entrée first, and then pick out your side items. This will help you keep your mind focused on points and flavor of things you want!

## Points You Plan on Eating:

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