

# WW CRACKER BARREL

## Breakfast Items

- **Good Morning Breakfast**, 5 SmartPoints (*Two Scrambled Egg Whites, Coarse Ground Grits, a side of Fresh Seasonal Fruit, sliced tomatoes and Turkey Sausage Patty*)
- **2 Fried Eggs, 2 Turkey Sausage Patties, side Seasonal Fresh Fruit**, 4 SmartPoints
- **Country Morning Breakfast**, 13 SmartPoints (*Two eggs, grits, Two buttermilk biscuits. Hold the butter and sawmill gravy. They add on so many points. Unless you have 1 biscuit with a half the gravy with this breakfast, then you will have an 11 SmartPoints breakfast*)
- **2 Fried Eggs, a side of Cheese Grits, and Seasonal Fresh Fruit**, 6 SmartPoints.
- **Eggs in Basket with Seasonal Fresh Fruit**, 12 SmartPoints (*Eggs are served in Sourdough bread, leave off the fried apples and hashbrown casserole for Seasonal Fresh Fruit, and get Turkey Sausage patties*)
- **Two Turkey Sausage Patties**, 3 SmartPoints
- **Side Cheese Grits**, 5 SmartPoints
- **Seasonal Fresh Fruit**, 0 SmartPoints
- **Signature Biscuit**, 5 SmartPoints per biscuit
- **Sawmill Gravy**, 6 SmartPoints
- **Sourdough Bread, One Slice**, 2 SmartPoints

## Side Items

- **Mixed Greens Side Salad**, 0 SmartPoint
- **House Salad (no bacon, no cheese, no croutons, no dressing)**, 0 SmartPoints
- **Steamed Broccoli**, 0 SmartPoints
- **Pinto Beans (side)**, 1 SmartPoint
- **Green Beans**, 1 SmartPoint
- **Cranberry Sauce**, 2 SmartPoints
- **Hush Puppies (1 piece)**, 2 SmartPoints
- **Sweet Baby Whole Carrots**, 2 SmartPoints
- **Turnip Greens (side)**, 2 SmartPoints
- **Boiled Cabbage**, 3 SmartPoints
- **Coarse Ground Grits**, 3 SmartPoints
- **Whole Kernel Corn**, 3 SmartPoints
- **Beans 'n Greens**, 4 SmartPoints
- **Green Bean Casserole**, 4 SmartPoints
- **Pinto Beans (Bowl)**, 4 SmartPoints
- **Sweet Pepper n ' Red Skin Hash**, 4 SmartPoints
- **Cheese Grits**, 5 SmartPoints
- **Turnip Greens (Bowl)**, 5 SmartPoints
- **Lima Beans**, 6 SmartPoints
- **Hash Brown Casserole**, 6 SmartPoints
- **Mashed Potatoes**, 6 SmartPoints
- **Corn Muffin (1 piece)**, 7 SmartPoints
- **Fried Apples**, 8 SmartPoints
- **Breaded Fried Okra**, 8 SmartPoints
- **Cole Slaw**, 9 SmartPoints
- **Homestyle Fries**, 9 SmartPoints
- **Macaroni 'n Cheese**, 9 SmartPoints
- **Sweet Potato Casserole**, 9 SmartPoints
- **Loaded Hash Brown Casserole**, 12 SmartPoints

## Entrées

- **Grilled Farm Raised Catfish (2 pieces)**, 1 SmartPoint
- **Grilled Chicken Tenderloins**, 2 SmartPoints
- **Lemon Pepper Rainbow Trout (2 pieces)**, 2 SmartPoints
- **Signature Cured Ham**, 4 SmartPoints
- **Grilled Pork Chop**, 6 SmartPoints
- **Country Ham Slice**, 6 SmartPoints
- **Sirloin Steak**, 6 SmartPoints
- **Buttermilk Oven Fried Chicken Breast**, 8 SmartPoints
- **Pan Fried Haddock**, 9 SmartPoints

## TIP:

When trying to figure out points, pick out your main entrée first, and then pick out your side items. This will help you keep your mind focused on points and flavor of things you want!

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